

## Brief Overview of Different Types of Fall Arrest Harnesses

### Description

Type	Description	Features	Applications
<b>Full Body Harness</b>	Distributes forces of a fall across shoulders, thighs, and pelvis.	Dorsal D-ring, sub-pelvic strap, adjustable straps, padding.	General construction, maintenance, industrial work.
<b>Sit Harness</b>	Supports lower body, includes leg loops and waist belt.	Leg loops, waist belt, front and side D-rings.	Rope access work, arboriculture, rescue operations.
<b>Chest Harness</b>	Used with sit harness for additional upper body support.	Front D-ring, adjustable straps.	Climbing, rescue operations, confined space entry.
<b>Tower Climbing Harness</b>	Designed for climbing towers, includes multiple attachment points.	Dorsal and sternal D-rings, work positioning belt, tool loops and pouches.	Telecommunications, wind energy, utility work.
<b>Construction Harness</b>	Built for construction workers, often includes tool belts and padding.	Dorsal D-ring, tool belts and loops, padding.	General construction, roofing, scaffolding work.
<b>Rescue Harness</b>	Used in rescue operations, includes extra attachment points.	Multiple D-rings, shoulder straps, quick-release buckles.	Firefighting, emergency rescue, confined space rescue.
<b>Confined Space Harness</b>	Designed for use in confined spaces, includes shoulder D-rings.	Shoulder D-rings, low-profile design, breathable materials.	Confined space entry, tank cleaning, maintenance.
<b>Electrician's Harness</b>	Includes features for electrical work, such as dielectric hardware.	Dielectric hardware, tool loops and pouches, dorsal D-ring.	Electrical maintenance, utility work, telecommunications.
<b>Wind Energy Harness</b>	Built for wind turbine maintenance, includes specialized attachment points.	Dorsal and sternal D-rings, work positioning belt, tool loops and pouches.	Wind turbine maintenance, tower climbing, utility work.

---

Type	Description	Features	Applications
<b>Mining Harness</b>	Designed for use in mining operations, includes features for tight spaces.	Dorsal D-ring, low-profile design, durable materials.	Mining, tunneling, underground construction.

## CATEGORY

1. Equipment

## POST TAG

1. Confined Space Harness
2. Construction Harness
3. Electrician's Harness
4. Fall Arrest Harnesses
5. Full Body Harness
6. Mining Harness
7. Rescue Harness
8. Sit Harness
9. Wind Energy Harness
10. Work at Height Regulations (WAHR) 2005
11. Working at Height

## Category

1. Equipment

## Tags

1. Confined Space Harness
2. Construction Harness
3. Electrician's Harness
4. Fall Arrest Harnesses
5. Full Body Harness
6. Mining Harness
7. Rescue Harness
8. Sit Harness
9. Wind Energy Harness
10. Work at Height Regulations (WAHR) 2005
11. Working at Height

## Date

19/09/2024

## Date Created

19/08/2024