

Safety Metrics Calculator

Description

Results:

Metric	Your Result	Explanation
Accident Frequency Rate (AFR)		The number of incidents resulting in lost work time due to injury or illness per 100 employees.
Days Away/Restricted or Job Transfer Rate (DART)		The number of incidents resulting in lost work time due to injury or illness per 100 employees.
Lost Time Injury Frequency Rate (LTIFR)		The number of injuries resulting in lost time per 1 million hours worked.
Lost Time Case Rate (LTIR)		Number of incidents resulting in lost time per 100 full-time employees.
Lost Workday Rate (LWDR)		Number of lost workdays days to injury or illness per 100 full-time employees.
Severity Rate (SR)		The number of lost days occurred compared to the number of actual incidents.
Total Case Incident Rate (TCIR)		Number of recordable incidents (injuries and illness) per 100 full-time employees.
Total Recordable Injury		Number of fatalities, lost time injuries, substitute work, and other injuries that required
Frequency Rate (TRIFR)		treatment from a medical professional per 1 million hours worked.
OSHA Recordable Severity Rate (TRSR)		The average number of lost days per recordable incident.

Disclaimer: We do not store ANY of the information submitted on this form.





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