

# What is Lone Working?

### **Description**

Lone working is a situation where an individual performs a task or job unaccompanied or without immediate access to another person for assistance.

# The Concept of Lone Working

Lone working is a common practice across various sectors and roles. It includes employees who work from a fixed location, such as small workshops, petrol stations, kiosks, and home workers, as well as mobile workers operating away from their fixed base, like engineers, estate agents, social workers, and healthcare professionals.

### **Fixed Location Lone Workers**

Fixed location lone workers are individuals who work alone in a stationary setting. This could be a small shop, a kiosk, a petrol station, or even a home office. These workers may face risks such as robbery, accidents, or health emergencies without immediate help available.

### **Mobile Lone Workers**

Mobile lone workers are those who operate away from their fixed base. They could be engineers visiting different sites, estate agents showing properties, social workers visiting clients, or healthcare professionals providing home care. These workers may face risks related to travel, unfamiliar environments, or potentially volatile situations with clients or members of the public.

# **Risk Management for Lone Working**

While lone working can offer benefits in terms of flexibility and efficiency, itâ??s crucial for both employers and workers to understand and manage the associated risks effectively.

#### Risk Assessment

Employers should conduct a thorough risk assessment to identify potential hazards that lone workers might face. This includes assessing the workplace environment, the nature of the work, and the individual workerâ??s health conditions. The risk assessment should be regularly reviewed and updated to reflect any changes in circumstances.

# **Safety Measures**

Based on the risk assessment, employers should implement appropriate safety measures. This could



include providing suitable training, establishing a means of communication, and setting up procedures for emergency situations. Safety measures should be tailored to the specific risks identified and should aim to reduce those risks as much as possible.

## **Legal Obligations**

Employers have a legal duty to ensure the health and safety of all their workers, including those working alone. This includes providing adequate training, equipment, and support, and regularly reviewing and updating safety policies and procedures.

## **Worker Responsibilities**

Lone workers also have a responsibility to follow the safety policies and procedures, use the provided safety equipment, and report any safety concerns to their employer. They should also take reasonable care of their own health and safety and cooperate with their employerâ??s efforts to ensure a safe working environment.

In conclusion, lone working is a common practice with unique challenges and risks. By understanding these risks and implementing effective risk management strategies, employers can ensure the safety and wellbeing of their lone workers.

#### **CATEGORY**

1. Risk Assessments

#### **POST TAG**

- 1. Accident
- 2. Communication
- 3. Hazards
- 4. Health
- 5. Health and Safety
- 6. Legal
- 7. Legal Obligations
- 8. Lone Working
- 9. Responsibility
- 10. Risk Management
- 11. Safety Equipment
- 12. Safety Policies

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**Date** 

20/09/2024

**Date Created** 

04/07/2024